



# Prayer Pointers

1. Pray for THE GOVERNMENT plans to do away with the food and the fuel subsidies.
  - pray that they will do it wisely without burdening the people.
  - pray for a government that will not allow money to be siphoned off by corrupt practices or wasted resources.
  - Malaysia will prosper under His blessings.
2. Pray for all our dialysis patients.
  - God's grace, mercy and touch upon their sufferings.
  - pray for their salvation as we reach out to them.
  - pray for their families to be patient and supportive.
3. Share your prayer needs and then pray for one another.

## UNDERSTANDING CURRENT ISSUES

**SUB THEME:**  
**THE FREEDOM OF FORGIVENESS.**  
**(Part 2)**



It is a fact that when we fail to forgive someone, we are the ones who end up as the loser whereas the one who offended you goes about living and sometimes, enjoying his life!

We end up as the loser by having unrest in our emotions and suffering even physical ailments like heart problems, high blood pressure, ulcers and even terminal illness.

Let us therefore learn the deeper level of forgiveness.

A. Discovering the Eternal Principles.

In the previous lesson we learned that,

1. Forgiveness requires that we **surrender the right** to get even.

- We learned that we give up the thought of revenge and have a gracious heart to let go of the hurt like Jesus.

2. Forgiveness does not require \_\_\_\_\_.  
Isaiah 43:25 says that "I am he who blots out your transgressions ... and remembers your sins no more." How does God do it? What it means here is that God CHOOSES not to put it at heart.

A Christian psychologist says that 'forgiveness is not a one time act that removes all memory and pain; it is a continuously repetitive choice.'

Thus, to 'forget' sin done against us does not mean the memory of that sin will never cross our minds. Rather, we can 'dethrone the memory; we can refuse it to control our lives. We can detoxify the memory by removing the poison from our souls."

**Discuss:** How do we 'dethrone' and 'detoxify' a painful memory?

3. Ideally, forgiving leads to \_\_\_\_\_. However, forgiving \_\_\_\_\_ reconciliation all the time.

**Discuss:-** Why is it so that reconciliation may not be possible even though there is forgiveness? Any bible example you can think of?

Here is a wonderful truth we can all learn:- **"There can be no reunion without forgiving, but there can be forgiving without reunion."**

Question: How do you know if you have fully forgiven someone?

4. Forgiving \_\_\_\_\_. Only God can forgive in a single breath. We need time.

**Discuss:-** Why is it so? If we need time, what must we be careful of?

**Are there people who have hurt you? On our own, ask God to help you to forgive and then together, pray a prayer asking God to free us from every unforgiveness and hurts in Jesus name.**